

## ***Final report Erasmus + to Niort from 7th to 14th April 2024***

My name's Antonella Recchia. I teach French and foreign languages at Q.O.Flacco highschool of Castellaneta in province of Taranto, Italy.

That was my first experience for Erasmus+ to Niort, which is really an interesting city in the region of Aquitaine, in France.

On 7th april 2024 the journey began! I reached Bordeaux by airplane and I stayed at the hotel one night.

The day after we left for Niort by bus and after two hours we joined our French friends. I felt exciting and happy in order to spend my time for one week with our French teachers and students.

On Monday we had a great breakfast with coffee and milk, chocolates and biscuits,crisbread and more and we took some photos in the hall of the hotel.

Well, an Erasmus Project study was starting!

We arrived at Niort by bus and there we joined the French teachers and we went to the highschool where we met the correspondents students and the class they will have spent most of the time.

We took someone to get acquainted around some coffee and orange and apple juices. There were also some biscuits after a tour of the highschool, first school activities at the lab about sciences and sports, and more.

Around 5.30 p.m. Italian students went to their hosting families with their correspondents by bus or car. Buses across and around Niort are free!

On Tuesday we visited La Rochelle and the Maritime Museum.

Then there was a Treasure hunt. At 1 p.m. we had lunch at the park.

On Wednesday we left for Marais Poitevin. At 10 a.m. some Hiking activities started. After lunch there was Rowing Boat ride.

On Tuesday there was a tour to Niort by students and after lunch there were Workshops Erasmus/Interviews and presentations.

Meanwhile, the highschool arranged a meeting with some student athletes in order to play volleyball, football and track and field.

On Friday, 12th April, there was a special Carnival at the highschool during which everybody wore a typical dress in order to enjoy and celebrate a special occasion.

Everyone chose the perfect dress for the Party.

For Friday morning there was a class immersion at Lab or Room among different subjects such as Philosophy and Literature, Physics Maths, Economics, English advanced, Biology from 8.00 a.m. to 10.00 12:00.

For lunch we joined French students and teachers at the cafeteria. And then we enjoyed the show at the backgarden.

On Saturday we went to the Market at the city center for shopping and then we had a rest with 'pique nique'.

We took the bus to Mendes 'adventure park' for some trampoline fun and at the centre commercial Mendes. I really loved every minute!

Last day we left Niort for Bordeaux where we got the queue at the check-in and the atmosphere became sad.

One of the reasons suggested for this in the study of English language is that experiences are more open to positive interpretations.

It was so pleasant for me meeting new people and that travel got rich of positive aspects.

I met very nice people with whom I spoke English and French languages all the time. I shared social ideas and cultural needs. I was enthusiastic thanks to the new food I tried and the new places that I saw.

This project help us build up better social relationships. We tend to do things with other people, and we often share stories about the things we have done, so there is a social aspect to experiences that material possessions just don't have.

And social success is closely associated with happiness,

*The Italian teacher  
Antonella Recchia*